



**Lowell & Nashua  
Oral Surgery Associates  
Chelmsford Oral Surgery**

Jeffrey D. Stone, DMD, MD  
Thomas A. Trowbridge, DDS, MD  
Sotirios Diamantis, DMD, MD  
Amy D. Field, DMD

33 Bartlett Street, Lowell, MA 01852, (978) 458-1264  
20 Cotton Road, Nashua, NH 03063, (603) 595-9119  
26 North Road, Chelmsford, MA 01824, (978) 328-0432

**[www.lowelloralsurgery.com](http://www.lowelloralsurgery.com)**

### **PRE-OPERATIVE INSTRUCTIONS FOR NITROUS OXIDE**

**For patients under 14 years old:**

Patient can eat solids until six (6) hours before the procedure.

Patient should not have anything by mouth starting four (4) hours prior to the procedure.

**For patients 14 years old and older:**

There are no restrictions; however, heavy meals should be avoided.

Patients older than 18 years old are not required to have an adult accompany them to our office.